

Addendum to RFA# 67-155

Blood Pressure Self-Monitoring Program

Date: February 21, 2023

Addendum Number: 1

Addendum Changes:

- 1) This addendum extends the due date of applications to February 28, 2023 at 1:30PM.
- 2) This addendum is to provide the following additional language to the RFA Part One, Section (B.)(1.)(g.) (“Application Procedures, General”): “The intended purpose of this funding is to expand the YMCA program to other community organizations and fund the implementation of this program in areas outside the reach of the YMCA. Organizations that are already implementing this program and have trained staff will not be eligible for this funding.”
- 3) This addendum is to provide answers to all questions per the RFA Potential Applicant letter.

Question1: Can The Pennsylvania Association of Community Health Centers apply for 3 grant amounts (\$120,300) in support of a learning collaborative for 3 FQHCs in our network? Question in relation to page 4, under item #7 “Applications are welcomed from any PA community-based institution or organization that can provide the required services.”

Answer: A separate application for each of the 3 FQHCs would be required. Each application will be reviewed and scored individually. There is no guarantee that if one is approved that they all will be, in order to support a learning collaborative.

Question 2: Can the population served be post-partum women? Question in relation to page 6, Deliverables item c “The awarded applicants shall implement a plan for participant recruitment into the program. Eligible participants have been previously diagnosed with hypertension either with or without medication. A minimum of 25 participants must be recruited for the program.”

Answer: Yes, if the post-partum women have been previously diagnosed with hypertension either with or without medication, they would qualify for this program.

Question 3: What if there is not a validated cuff available for post-partum women, can a validated cuff for the general population be used? Question in relation to page 6, Deliverables item e “The awarded applicants shall provide participants only with blood pressure monitors that are on the approved Validated Device List found here: <https://www.validatebp.org/>”

Answer: Yes, a validated cuff for the general population may be used.

Question 4: Application Format: Since there is a 15 page limit, should the application be single spaced or double spaced?

Answer: The RFA only specifies in Section C.2. “Applications must be typewritten on 8 ½” by 11” paper, with a font size no smaller than 10 point and margins of at least ½ inch.” It is your choice to submit it single spaced or double spaced, keeping in mind the 15 page limit.

Question 5: Budget Section: In planning our budgets, what can we expect costs to be for the training of the YMCA blood pressure monitoring curriculum? Will it be out of town? 1-day, 2-day?

Answer: There will be no cost associated with training itself. The only cost will be for a blood pressure monitor cuff needed to practice. The training will be virtual.

Question 6: Deliverables section e): If someone already has their own blood pressure monitor, would we still need to purchase one?

Answer: If a participant has their own blood pressure monitor, they should bring it to the first meeting to verify that it has accurate readings comparing it with another verified blood pressure monitor. If the participant’s monitor is accurate and they are already comfortable with their own monitor, then they can continue to use this monitor and a new one will not need to be purchased.

Question 7: Part One, Section B, 4. Deliverables. Part a. “The awarded applicants shall have a minimum of two staff participate in training...”The YMCA of Greater Erie currently has 5 staff plus a program director training in the YMCA blood pressure self-monitoring program. Would this project require two more staff to be trained? Would the currently trained staff meet this requirement of the project?

Answer: The following language has been added with this Addendum to the RFA Part One, Section (B.)(1.)(g.) (“Application Procedures, General”): “The intended purpose of this funding is to expand the YMCA program to other community organizations and fund the implementation of this program in areas outside the reach of the YMCA. Therefore, if you are already implementing this program and

have staff trained, you would not be eligible for this funding. This excludes YMCAs from this funding.”

Question 8: Part One, Section C, 2. Application Format. Part D vi. “Resumes of the personnel who will be assigned to complete tasks...” To clarify, this is for all of the individual as lifestyle coaches or specifically project managers who will be overseeing implementation?

Answer: This includes any personnel who will be working on this program.

\*Except as clarified and amended by this Addendum, the terms, conditions, specifications, and instructions of the RFA and any previous addenda, remain as originally written.